

Corona Virus/Covid-19 Declaration & Waiver

**For participants attending our classes, workshops, and events,
please download, print, sign and return this document.**

I acknowledge the contagious nature of the Coronavirus/COVID-19 and that the UK Government & NHS still recommend practicing social distancing. I further acknowledge that Lighthouse Tai Chi has put in place preventative measures to reduce the spread of the Coronavirus/COVID-19. I further acknowledge that Lighthouse Tai Chi cannot guarantee that I will not become infected with the Coronavirus/Covid-19. I understand that the risk of becoming exposed to and/or infected by the Coronavirus/COVID-19 may result from the actions, omissions, or negligence of staff, myself and others, including, but not limited to staff, other students and premises staff.

I voluntarily seek services provided by Lighthouse Tai Chi and acknowledge that I am increasing my risk to exposure to the Coronavirus/COVID-19. I acknowledge that I must comply with all set procedures to reduce the spread while attending my class.

I attest that I am not experiencing any symptom of illness such as cough, shortness of breath or difficulty breathing, fever, chills, repeated shaking with chills, muscle pain, headache, sore throat, or new loss of taste or smell. I have not travelled internationally within the last 14 days; I have not travelled to a highly impacted area within the UK in the last 14 days; I do not believe I have been exposed to someone with a suspected and/or confirmed case of the Coronavirus/COVID-19; I have not been diagnosed with Coronavirus/Covid-19 and not yet cleared as non-contagious by public health authorities; I am following all UK Government recommended guidelines and limiting my exposure to the Coronavirus/COVID-19.

I hereby release and agree to hold Lighthouse Tai Chi harmless from, and waive on behalf of myself, my heirs, and any personal representatives any and all causes of action, claims, demands, damages, costs, expenses and compensation for damage or loss to myself and/or property that may be caused by any act, or failure to act of Lighthouse Tai Chi. I understand that this release discharges Lighthouse Tai Chi from any liability or claim that I, my heirs, or any personal representatives may have against Lighthouse Tai Chi with respect to any bodily injury, illness, death, medical treatment, or property damage that may arise from, or in connection to, any services received from Lighthouse Tai Chi. This liability waiver and release extends to Lighthouse Tai Chi together with all owners, partners, volunteers, and employees.

Name _____ Date _____

Signed _____